

Creativity and Connection

7th Biennial Conference Schedule

Day 1 (October 23, 2024)

8:00-8:30

Registration *UBC Nest Building foyer*

8:30-9:00

Welcome *Great Hall A*

9:00-10:15

Keynote Speaker: *Great Hall A*
Dr. Michael Ungar

Nurturing Resilience: Finding the Personal Qualities and Social Supports We Need to Thrive

10:15-10:40

Nutrition Break

This is an opportunity for informal discussion, networking, and engagement at the knowledge wall.

10:40-12:10

Paper Session I

Theme: Living and Lived Experience Partnerships

1. I would Call it a Helping Hand: A Qualitative Exploration of Peer Support Program User Perspectives
Presenter: Andrea LaMarre, Gina Dimitropoulos, Shaleen Jones

2. From Patient to Patient Partner: A powerful journey of resilience and collaboration for a patient and provider
Presenter: Sierra Turner, Julia Raudzus

3. Partnering with Patients with Living and Lived Experience of Eating Disorders to Improve Inpatient Care on an Acute Pediatric Medicine Unit
Presenter: Rabiah Dhaliwal

4. Improving Adult Inpatient Eating Disorder Treatment: Perspectives of Canadians with Lived Experience
Presenter: Catherine Armour



Theme: Clinical Presentations

1. Exploring Clinical Characteristics of Children and Adolescents Presenting with Avoidant/Restrictive Food Intake Disorder and/or Somatic Symptom and Related Disorders

Presenter: Larissa Celiberto

2. Research on Eating and Adolescent Lifestyles REAL 2.0: Description of a 15-year Follow Up Cohort Study

Presenter: Nicole Obeid

3. Saccadic Eye Movements in Youth with an Eating Disorder: Findings from a Multi-site Study using an Interleaving Pro-Saccade/Anti-saccade Task

Presenter: Ryan Kirkpatrick

4. Why Food Addiction Matters: Characteristics of a Community Sample Seeking Food Addiction Treatment

Presenter: Vincent Angelo Santiago

5. Neurocognitive and Executive Functioning in Bulimia Nervosa: A Meta-Analysis

Presenter: Tia McNeil

Theme: Treatment Approaches

1. Exploring IOP patient characteristics, wait times, and psychopathology

Gisele Marcoux-Louie, Amelia Austin

2. Family-Based Treatment for Adolescents with Bulimia Nervosa: A Systematic Review and Meta-Analysis

Presenters: Dan Devoe, Manya Singh

3. Understanding Parents' Implementation of Eating Disorder Care in the Home Setting

Presenter: Courtney Davis

4. Collaborative care in eating disorders treatment: Exploring the role of clinician distress, self-compassion, and compassion for others

Presenter: Avarna Fernandes

5. Special considerations for ceremonial ayahuasca use among individuals with EDs: Ceremony leaders' perspectives

Presenter: Meris Williams

Theme: Assessment and Prevalence of Eating Disorder Symptoms and Related Concerns

1. The Prevalence of Orthorexia in Eating Disorder Patients: A Systematic Review and Meta-Analysis

Presenter: Kaitlin Essex

2. The Prevalence of Psychiatric Comorbidities Among People with Anorexia Nervosa: A Systematic Review and Meta-analysis

Presenter: Chantal Savard

3. Assessing Item Relevance and Factor Structure of the Eating Disorder Examination Questionnaire in a Trans-Diagnostic Sample

Presenter: Rachel Dufour

4. Ketogenic diets for children and youth with epilepsy: Exploring long-term impacts on eating behavior

Presenter: Tanya Pardiwala, Nikki Tyminski

5. The Prevalence of Suicide Attempts in Eating Disorders: A Systematic Review and Meta-Analysis

Presenter: Katilin Berlinguette

12:10-13:10

Lunch

13:10-14:40

Workshop Session I

1. Assessment and Treatment of Obsessive Compulsive Disorder in Youth with co-occurring Eating Disorders

Presenters: Seena Grewal, Katherine McKenney, Janine Slavec, Zuzana Dankova

2. Unlocking the Potential of Brief Cognitive Behavioural Therapy for Eating Disorders (CBT-T): A Treatment Overview, Literature Review, and Implementation Reflection

Presenters: Aaron Keshen, Jessica Wournell

3. Research Priorities for the Treatment of Eating Disorders from the Perspectives of Youth and Caregivers

Presenters: Jennifer Couturier, Wendy Preskow, Gina Dimitropoulos

4. Lessons Learned from a Scoping Review on Transitions for Youth and Young Adults with Eating Disorders

Presenter: Andrea Krishnapillai

14:40-15:10

Nutrition Break

This is an opportunity for informal discussion, networking, and engagement at the knowledge wall.

15:10-16:40

Workshop Session II

1. A Weight-Inclusive, Trauma-Informed Approach to Reduce Binge Eating

Presenter: Sydney Wright

2. Closing the Gap - Developing Innovative Alternatives to Inpatient Hospitalization for Children and Youth with Severe Eating Disorders

Presenters: Leanna Isserlin, Mark Norris, Elizabeth Quon, Nuray Kanbur

3. COVID-19 and Eating Disorders: Clinical care, science and the way forward for young people with eating disorders

Presenter: Debra Katzman, Ellie Vyver, Nicole Obeid, Gina Dimitropoulos

4. Integrated Care for Substance Use & Eating Disorders

Presenter: Elspeth Humphreys, James Wang

16:40-17:00

Wrap Up for Day 1

18:00-20:00

Entertainment, Reception, Social Networking

Day 2 (October 24, 2024)

8:30-8:45

Welcome and Housekeeping

Great Hall A

8:45-10:00

**Keynote Speaker:
Dr. Natasha Burke**

Great Hall A

Presentation Title: Intersectionality's Applicability in Eating Disorder Research, Clinical, and Advocacy Work: A Voice for the Multiply Marginalized

10:00-10:25

Nutrition Break

10:25-11:15

Plenary: The Unfiltered Realities of Recovery

Great Hall A

Speakers: Amelia Austin, Sierra Turner, Wendy Preskow

11:25-11:55

Lightning Talks

Track I

1. Suicide in Eating Disorders: A Systematic Review and Meta-Analysis

Presenter: Tia McNeil

2. The Prevalence of Suicidal Ideation in Eating Disorders: A Systematic Review and Meta-Analysis

Presenter: Zakari Mulrooney

3. Seasonal Patterns in Youth Unsafe Behaviours In Inpatient Units: Pre and During COVID-19

Presenter: Jaafar Aghajanian

Track II

1. Eating Disorders and Dating: The Effects of Intimate Partner Violence on Romantic Relationships

Presenter: Jaimie Lepp

2. Using the COPM to assess progress towards “a life worth living” in an ED Day Treatment Program

Presenter: Rachel Johnson

3. Caregiver Grief and Loss During Eating Disorder Treatment

Presenter: Jadine Cairns, Tamara Ukwu

Track III

1. Examining personality dimensions in individuals with anorexia nervosa: Role of clinical status and eating disorder phenotype

Presenter: Maegan Harvison

2. Social Media Interventions for Diet-Related Content: Nutrition Education and Self-Compassion TikTok Videos

Presenter: Bethany Nightingale

3. The Prevalence of Excessive Exercise in Eating Disorders: A Systematic Review and Meta-Analysis

Presenter: Connor Campbell

Track IV

1. An Eating Disorder Toolkit: Supporting Management in the Primary Care Setting

Presenter: Jen Mooney

2. Development of the BC Eating Disorders Research Excellence Cluster: Lessons about Knowledge Translation and Research Collaborations

Presenter: Audrey Tung

3. The Prevalence of Non Suicidal Self-Injury in Eating Disorders: A Systematic Review and Meta-Analysis

Presenter: Katilin Berlinguette

11:55-12:55

Lunch

13:00-14:30

Paper Session II

Theme: Systems of Care

1. Mixed Methods Evaluation of a Novel Community-Hospital Partnership for Eating Disorder Care

Presenter: Courtney Davis

2. Supporting Communities in BC and Yukon in the Local Management of Adults with Eating Disorders: a Collaborative, Multidisciplinary, Clinical Initiative

Presenter: Julia Raudzus, Sierra Turner

3. Development & Implementation of a BC Child and Youth Eating Disorders Clinical Care Pathway

Presenters: Tara Tandan, Katie Mitchell

4. Integration of Registered Dietitian Services within a Lead Child & Youth Mental Health Organization

Presenters: Kate Ronnebeck, Zoé Campbell

5. Improving Interprofessional Collaboration During Admissions for Patients with Eating Disorders to an Acute Pediatric Medicine Unit

Presenter: Sara Jassemi

Theme: Service Delivery Approaches

1. Dialectical Behaviour Therapy Skills and Strategies For Non-Therapists: Lessons Learned From Launching A Provincial Day Treatment Program For Youth

Presenters: Jadine Carins, Emilia Henrique, Rachel Johnson

2. A Randomized Controlled Trial Comparing a Novel, Virtual, Group-based, Guided Self-help Treatment for Binge-eating Disorder to a Standard Self-help Approach

Presenter: Aaron Keshen

3. Virtual vs. in-person day treatment: comparing outcomes of two treatment modalities for adults with EDs

Presenters: Lea Thaler

4. Experiences and Perspectives of Adults with Eating Disorder Symptoms Using a Virtual Recovery Support Program

Presenter: Maria Nicula

5. Co-adapting an early intervention model for eating disorders for integrated community settings (FREEDcan): Lessons learned

Presenters: Andrea LaMarre, Nicole Obeid

Theme: Food- and Body-related Concerns

1. Doing It Utterly and Completely Wrong: A Critical Discourse Analysis On Perspectives Of Fat Bodies As Part Of Healing From An Eating Disorder

Presenter: Karli Jahn

2. 'Feeling fat' in response to affective and body stimuli: Testing the body displacement hypothesis

Presenter: Samantha Wilson

3. The Effects of Food Images on Social Media Among Young Women With Signs of Disordered Eating

Presenters: Emily Mullins, Rachel Howells

4. Where do we go from here? A scoping review on body image interventions for boys and men

Presenter: Emily Henry

5. Body Image Interventions for Sexual Minority Men: A Scoping Review

Presenter: Chloe White

Theme: Health Professional Perspectives and Considerations

1. Evidence-Based Practice for Pediatric Eating Disorders: Perspectives of Health Professionals

Presenter: Amelia Austin

2. EMPHASize: Learning Modules for Professional Health Awareness on Weight Stigma and Eating Disorders

Presenters: Jill Gerlof, Sally Stewart

3. Who is Treating Eating Disorders in British Columbia?

Presenter: Deepika Bajaj

4. Eating Disorders in the Workplace & Moral Symptoms

Presenter: Joshua Bell

5. Workplace well-being and experiences in the eating disorders workforce: Reflections from a scoping review

Presenters: Audrey Tung, Tanya Pardiwala

14:35-15:05

Nutrition Break

15:10-16:40

Workshop Session III

1. Development and implementation of caregiver-focused skills groups: A model for supporting youth with restrictive eating disorders

Presenters: Mark Norris, Peiyoong Lam, Andrea Wallace, Nicole Obeid, Jennifer Coelho

2. Understanding Equity Issues in Eating Disorder Care and Service Provision Within Canada and Beyond: Considerations for Treatment Outcomes, Engagement, and Geographic Contexts

Presenters: Gina Dimitropoulos, Millie Austin, Manya Singh

3. Self-compassion and the power of validation in recovery from an eating disorder: Perspectives of adult patients and parents*

Presenter: Josie Geller

4. Treating Multidiagnostic Youth in Day Treatment: Implementation of MED-DBT

Presenters: Anita Federici, Seena Grewal, Jennifer Couturier

16:45-17:00

Closing

Overview of Knowledge Wall, Closing Remarks, and Evaluations